

Collaborative Assessment

1. What and Who is important to the client.
2. Use this information to engage with the client.
3. What the client might want.
4. Is the client able and willing to do what it takes?
5. Negotiate small, simple, easy steps that client knows how to do.
6. The client actually carries out according to his/her plan.
7. Review and reassess what is the next small step.
8. This gets repeated until the client reasons the level where it is “better enough” to stop.
9. All the credit for successes goes to the client.